

VALLEY VIEWS

JULY 2023



Pinnacle



Marian

The Crushing Season is on again—beware at Cane Train Crossings.

Nanyima Residential Aged Care
Monthly Newsletter



Manager's View



Welcome to our first newsletter in this financial year 2023-2024. What is in store for Nanyima Care team while we ride the changes unwrapping in our journey to better our services? We are keeping up for sure.

A letter to each of our staff is prepared to inform them of the changes in their wages because of the recent Aged Care wage increase and national minimum wage increase. Change in payment is applicable in the first full pay period on or after 30 June 2023.

Nanyima Care's two (2) Enterprise Agreement Bargaining are currently underway – one for nurses and one for the support staff. Relevant unions are involved in these negotiations. We hope to achieve great outcomes from these negotiations.

Nanyima Care has also commenced a process for obtaining a Memorandum of Understanding (MOU) with relevant unions in relation to supporting our ability to have access to overseas workforce when the need arises. Queensland Nurses and Midwifery Union (QNMU) is involved in the process with us.

The grant received for the Round 1 of Aged Care Registered Nurse payment has now been distributed to our Registered Nurses who were eligible for the grant.

Our application for IPC Lead Training Grant was also submitted for the two of our registered nurses recently enrolled in accredited course for this role. This will increase the number of our registered staff who would have the capacity to perform the role of IPC Lead for Nanyima Care.

It came to our attention that Triple capability RAT kits with TGA approval becomes available. We're now making sure that this is accessible for us in order to utilise the benefit it provides in testing symptomatic residents onsite. According to the [Department of Health and Aged Care](#), on 4 May 2023, the Therapeutic Goods Administration (TGA) approved a combination rapid antigen test (RAT) kit *TouchBio RSV, FLU A/B & Covid-19 Rapid Antigen Combo* for self-testing ([ARTG 408459](#)) to aid in the diagnosis of COVID-19, Influenza A, Influenza B and RSV.

There is a new process in reporting Quality Indicators to the government which we need to abide by commencing this month. The Government Provider Management System (GPMS) will go live in July.

Nanyima Care commenced the process for seeking interest from our residents and relatives for our Consumer Advisory Committee for this year during the last Residents and Relatives Meeting. We will be sending out an invite to the relatives soon via email.

“If it wasn't hard, everyone would do it. It's the hard that makes it great.”

— Tom Hanks

Bien Stirling (DON – Facility Manager)



Make
Wish

Margaret was back home in the saddle.



Maria wished for Maccas and a Movie.



Crazy Socks Day



The winners for the craziest socks were:
Staff member – Priscilla
Resident - Katrina



from the DTs

Well what can I say, another month has gone. We started the month of June with Friday crazy sock day. Residents got together and decorated their socks and wow they came up with some wonderful crazy sock ideas. Best crazy socks went to – Katrina for the residents and Priscilla for the staff.

On Tuesday the 13th it was a glorious day for listening to music from our talented entertainer Gerry, followed by a delicious BBQ lunch in the courtyard. Every Friday fortnight the Wonderkids from Walkerston Day Care come to visit, with a morning filled with lots of fun activities and bubbles.

During the third week of June, Roll up! Roll up! Roll up! for Nanyimas Annual Show. On Monday morning we had lots of fun show games, pop corn, fairy floss and the residents and staff really enjoyed throwing water balloons at the clown (yes Tanya was the clown).

Tuesday we were invited to Robbie and Kim Roles home for morning tea and BBQ lunch while listening to Robbie playing country music. Wednesday we had Nanyima Annual Show Pavilion Day. The multi-propose room was filled with very talented residents, staff, family members and volunteers, arts and crafts.

We had lovely biscuits, scones, slices, fruitcakes, preserves, and fruit for sale. Thank you to all who donated items. Cass in the kitchen had brought her beautiful birds in, and unfortunately I lost one of the finches, if anyone sees a little finch hanging around let us know as it could be Cass's.

This month for around the world, we learned about Mexico's culture, listened to music and cooked up yummy nachos for morning tea.

Well hope you all enjoyed June.

Michelle and I will see you all for another busy month in July.



Mexican Proverbs, Quotes & Sayings

“Everyone looks for their own onion to cry.”

“Who does not live to serve does not serve to live.”

“Tell me who you are with and I will tell you who you are”

” Little by little one goes far.”

“One timely shout is better than constant talk.”

“Necessity is a great teacher.”



Lots of activities with the children
Most fun was had with the bubbles.



GENTLE EXERCISE



Low impact exercises

BENEFITS

- Reduce health risks
- Improves brain function
- Boosts mental health
- Promotes mood & energy
- Enhances sleep health
- Strengthens mobility & flexibility



LINE DANCING

Billy Ray Cyrus
— Achy Breaky
Heart was the
song of choice.

*Life is
BETTER
WHEN YOU
dance*

BALL GAMES



HAND EYE COORDINATION
CONCENTRATION, MOVEMENT



What do you do when you see an elephant with a basketball?
Get out of the way.

How do football players stay cool during the game?
They stand close to the fans.

Why is tennis such a loud sport?
The players raise a racquet.

FROM THE OFFICE



NANYIMA CAR PARK—— To anyone using this area please drive slowly as we have had some near misses recently.

Sue, Pauline, Katrina & Nancy



On 2nd June, we showcased Nanyima Aged Care’s commitment to Palliative Care to the nation, participating in ELDAC’s (End of Life Directions for Aged Care) Linkages Showcase. We know that the demand for palliative care in our community will continue to increase, and that we need trained, caring staff and sufficient funding to respond to the needs of the growing number of people with multiple chronic conditions. Thank you to ELDAC and The Department of Health for listening to our story.

We celebrate our resident’s birthdays each month with delicious cake made by one of our volunteers Silvia . For the residents who can’t be there, our staff sing happy birthday and give them a piece of cake.



To all who are celebrating their birthday in July have a fantastic day! Check out our Birthday Board to find out whose birthday it is!

Worship Schedule

DAY	DATE	TYPE	TIME
THURSDAY	4/7/2023	INTER DENOMINATIONAL	9:00AM
THURSDAY	12/7/2023	INTER DENOMINATIONAL	9:00AM
THURSDAY	19/7/2023	INTER DENOMINATIONAL	9:00AM
THURSDAY	26/7/2023	INTER DENOMINATIONAL	9:00AM

PLEASE NOTE :- SOME OUTINGS/ACTIVITIES MAY BE CANCELLED WITH SHORT NOTICE DUE TO COVID.

July 2023

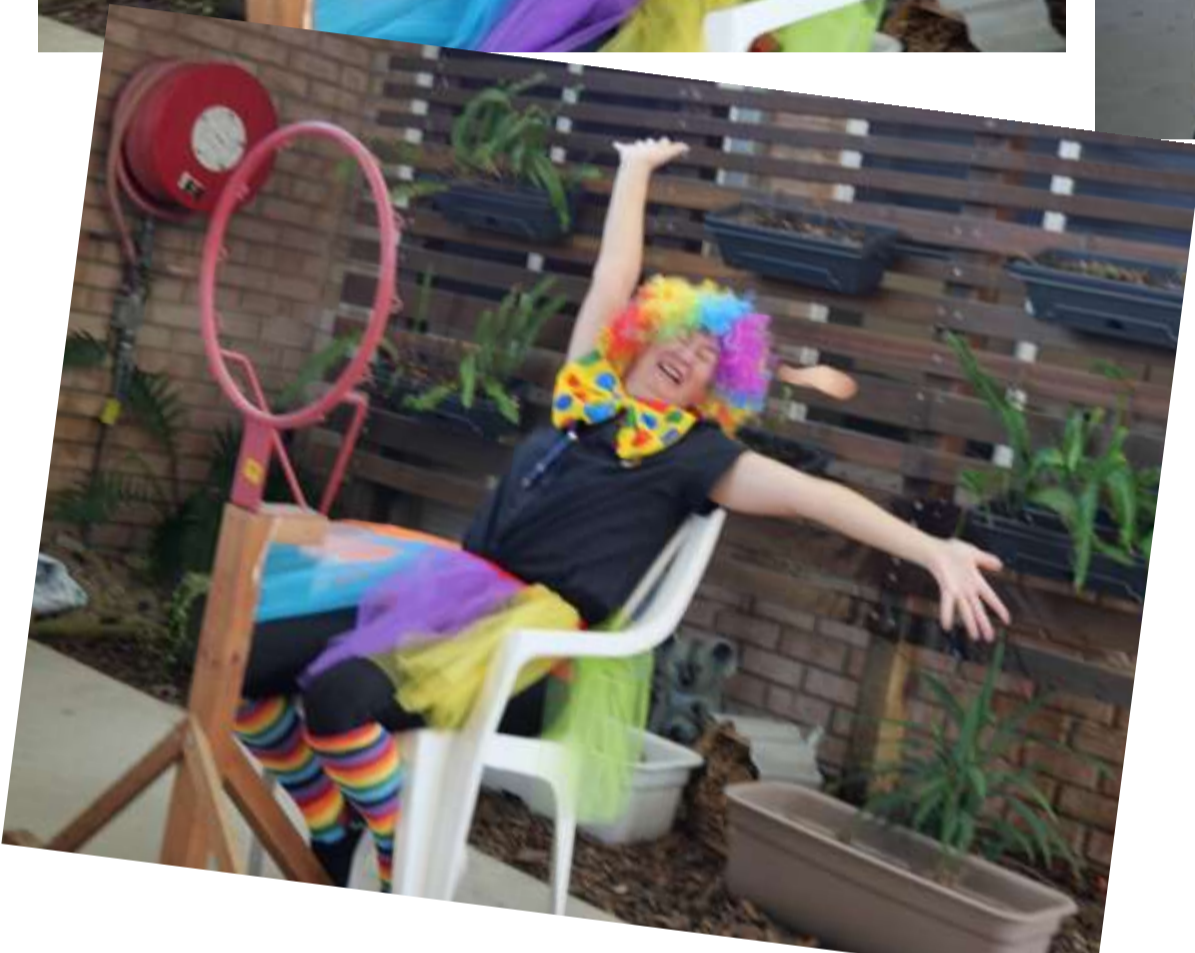
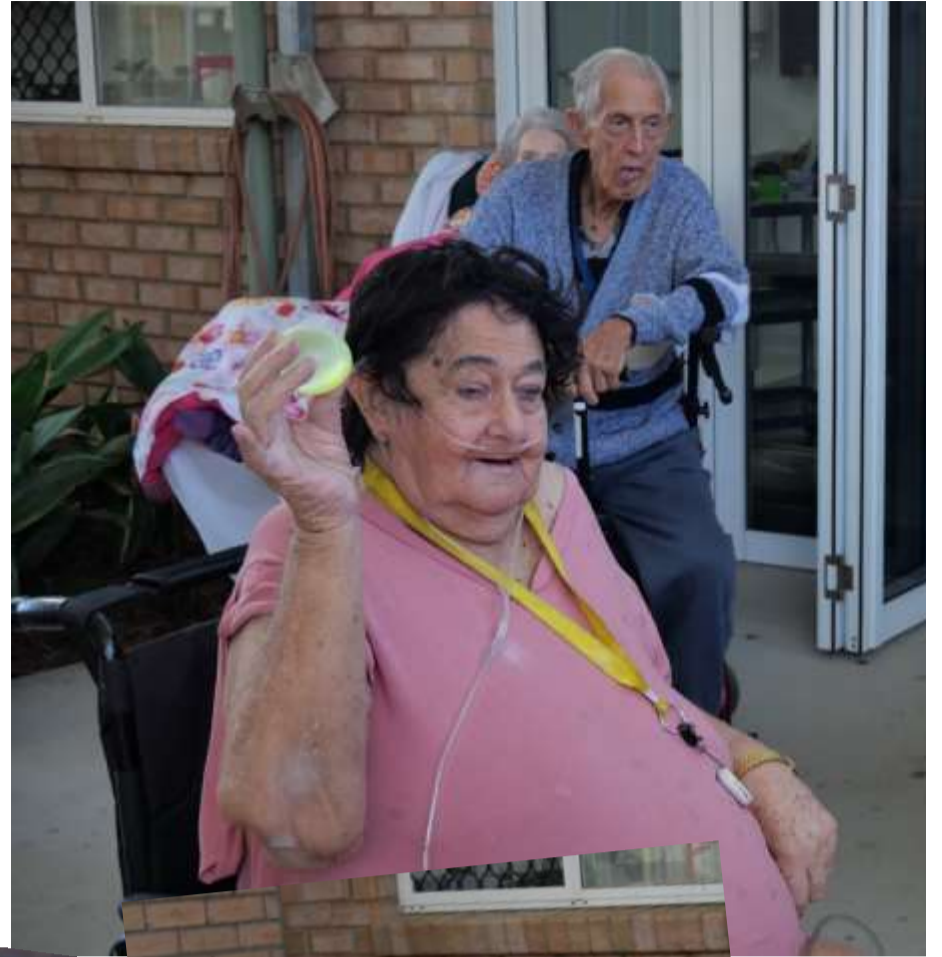
Mon	Tue	Wed	Thu	Fri
<p>3rd</p> <p>Tai Chi in the lounge followed by Trivia</p> <p>Afternoon Stroll</p>	<p>4th</p> <p>Beauty Boutique</p> <p>Mobile Beauty SHOP </p>	<p>5th</p> <p>Visit Wonder-kids</p> <p>Ironing & one-on-one </p>	<p>6th</p> <p>Church & Bingo </p> <p>Afternoon Tea in the garden</p>	<p>7th</p> <p>Mackay NAIDOC Fun Day</p> <p>Happy Hour SHOP  </p>
<p>10th</p> <p>Chair Exercises in the lounge followed by Hoy</p> <p>Bring own craft</p>	<p>11th Gerry to Entertain</p> <p>Movie & Popcorn in the Lounge</p> <p>SHOP </p>	<p>12th</p> <p>Golden Years</p> <p>Ironing & one-on-one </p>	<p>13th</p> <p>Church & Bingo </p> <p>Mobile Beauty</p>	<p>14th</p> <p>Wonder & Kindy Kids</p> <p>Happy Hour *SHOP  * </p>
<p>17th</p> <p>Exercises followed by ball games in the multi purpose room</p> <p>Mobile Beauty</p>	<p>18th</p> <p>Country Music with Robbie Roles & BBQ lunch</p> <p>SHOP </p>	<p>19th</p> <p>Christmas in July Lunch at Surf Lifesaving Club</p> <p>Ironing & </p>	<p>20th</p> <p>Church & Bingo </p> <p>Gardening</p>	<p>21st</p> <p>Around the world—France</p> <p>Happy Hour SHOP  </p>
<p>24th</p> <p>JT on the guitar</p> <p>Puzzles & Games in the Lounge</p>	<p>25th</p> <p>Arts & Crafts</p> <p>Mobile Beauty SHOP </p>	<p>26th</p> <p>Shopping </p> <p>Or One-on-one</p> <p>Ironing & one-on-one </p>	<p>27th</p> <p>Church & Bingo </p> <p>Gardening</p>	<p>28th</p> <p>Wonder & Kindy Kids</p> <p>*Happy Hour SHOP  </p>
<p>31th</p> <p>Chair Dancing followed by Exercising Games</p> <p>Afternoon strolls</p>			 <p>We're Searching for Volunteers</p>	

NANYIMA SHOW DAY



Knock'ems





WATER BOMBING

The aims were quite accurate as well— I've never seen Maria laugh so much and of course one of our kitchen staff had to get in on the act. lol

FUN and GAMES



THANK YOU

to Robbie & Kym Roles for inviting residents to their home for lunch & a sing a long. Everyone enjoyed themselves. The surroundings & view were admired & appreciated as well.



“Music expresses that which cannot be put into words and that which cannot remain silent”
— Victor hugo



Mackay Sugar fund raise each year by selling Calendars with photos of the Cane Industry eg: Cane Trains, Mills etc) taken by their employees. The funds raised go to a nominated local organisation/facility or individual.

This year Janet Green pictured, nominated Nanyima to be the worthy recipient. We were presented with a cheque for \$2000.00 which is going towards a new harp that is played to the residents & they can learn to play as well.

Pictured L-R Drew McGilchrist (Cane Productivity Officer—Pleystowe Mill) Michelle Cottrill (Diversional Therapist) & Janet Green (Day Analyst—Marian Mill). Thank you also to Tina Sorensen (Cane Productivity Officer—Pleystowe Mill) for the managing & organising of this project.

The Reverie Harp produces a calming sound making it possible to offer soothing sounds and care for others which was the original intention. It can be played by anyone without any training, believe it or not, and apart from the many individuals who now enjoy playing it, the Reverie Harp has found its way into kindergartens, yoga studios, nursing homes, hospices, and hospitals. Here is a link if you would like to find out more. <https://www.robertsmusic.net/harps/>



Nature

Y W W V C I M O G O B F A F T L I G H T N I N G
G X R K W O O S J P D R F L S B J U L R E T A W
G M D O Y C A E O L N U U F E E R L A R O C G Y
M Z N L J B F A I A A I Y M R H E R O S I O N F
S M O O R H S U M N S T V H O U X S L V F N Q U
E T I I I B P C T T G A J O F A R E W O L F U N
B L I Z Z A R D R S A D S P R I N G H K T U U G
N S N O C N I T E L S H A R K W O R T R S G A I
Y W S B E I U E S L J M S L E E T E R R E V I R
D A D U H A I L E A S E L B A T E G E V R H O W
H M U S E R B Y D B M D I L U F R U O L O C P O
S P O H M E N U O W O S F I S H B Y B A F Y B T
N A L E Q R P L B O W E A T H E R U T A N J F Q
I X C S R O S S E N R E D L I W X B J I I U Q V
A A R B E Z P T Z S F B R M U D O O L F A G N Z
T T O R N A D O L A K E A S L A M I N A R Z V B
N Z B G H I S S G L W I N T E R N R E D N U H T
U S E U U C U U M W T R E E S P N A B R U B U S
O N A M R I M T A T S E K R E N A C I R R U H K
M O C A M T M X R O C E A N R Q I E M R O T S F
W W H E S Y E I S E V A E L W A G D S W T T L M
U M A R R G R I H K M R F Y K W A N N J I F G A
H A Y T W T U D E K A L F W O N S O O A N F I B
X N U S F C S K F A L L E A I G M P W Q K M N F

sea	bushes	erosion	mushrooms	fungi	bog	stream
coral reef	fish	shark	suburban	city	wilderness	swamp
marsh	mountains	nature	rainforest	forest	desert	zebra
lake	pond	river	animals	hurricane	water	ocean
sand	beach	leaves	colourful	spring	fall	winter
summer	snowman	snowball	snowflake	tornado	flood	blizzard
hail	plants	lightning	thunder	storm	vegetables	sleet
snow	rain	fruit	weather	clouds	trees	flower