

# VALLEY VIEWS

MAY 2023



*Happy Mothers Day -*

*Sunday 14<sup>th</sup> May*

Nanyima Residential Aged Care  
Monthly Newsletter

# Manager's View



Our celebration of Accreditation 2023-2026 claimed a lot of praise from those who joined the event – residents, staff, volunteers, Committee of Management members really banded together to join in the fun of the day. Special thanks to our events coordinators Pauline and Tanya, and everyone who provided them with all the assistance needed by the team. Thank you.

Nanyima Care is currently on 100% occupancy. This is a wonderful position to be in. We are keeping a close eye on our AN-ACC classifications and getting prepared to ensure that we can comply with the required 24/7 on site RN by 1 July 2023. We already have six (6) days a fortnight which has a full 24/7 RN cover, and the remaining eight (8) days are with an RN on-call who resides in the house within the premises. Having a really strong team of RNs would see us build confident team leaders to support a workforce achieving a common goal for our residents in our community.

This month of May, we are aiming to strengthen our workforce and we have added a couple of trainee AINs. We have also commenced the provision of First Aid and CPR training for relevant staff. A new defibrillator has been purchased and is now available onsite. We are hoping we would not need to use this on anyone, however, if we do it is here and relevant staff are trained to use it right.

One of our DTs – Michelle, successfully solicited donations towards the purchase of Tovertafel Devise for residents' activity. This is most exciting and we can't wait to see how our residents react. Huge thank you to Michelle to everyone in the community who helped us make this possible.

New Star Rating should be published soon by My Aged Care for everyone to see. We trust that with recent successful accreditation and positive consumers survey, our star rating would be quite good for us.

Our Committee of Management has been attending some relevant industry governance trainings and looking at ways to strengthen our operation. Same is true for the effort we are putting in keeping involved with the Commissioner's webinars and consultations for the changes we all anticipate. National Mandatory Quality Indicators has just been expanded for reporting commencing in April, and we are getting our heads around the upcoming 24/7 RN coverage reporting comes July. Updates on these and more as we approach the roll out of these initiatives.

***"If we can challenge convention, we can solve any problem."*** By Josh Valman.  
Bien Stirling (DON – Facility Manager)





## Containers For Change - Update



If you are not aware we have Containers for Change for Nanyima Care and I would like to ask everyone if you are not collecting for yourself then would you please utilise this initiative to our benefit. Our member number is **C10515569**. If you are collecting eligible containers for Nanyima Care in the community, use this at the refund point. Alternatively, you can drop the bottles / cans here at Nanyima Care to put in our dedicated bottle container bin.

**- yes -**  
**you**  
**DID**  
**IT**



Four years ago, Michelle Cottrill saw the Tovertafel (Magic Table) on facebook. It was then agreed to contact the company to organise a demonstration to the staff here at Nanyima and invite other nursing homes. The cost of the table was \$16500.00 however Michelle felt passionate about getting one for Nanyima as it would be well utilised by our residents, so not deterred she took up the challenge to obtain donations.

As we know seeking donations is not always an easy task especially with covid and the downturn in some industries. With help from Paula at the Mirani Hotel she obtained the paperwork from overseas, then started ringing around.

Michelle started by canvassing family and friends in Brisbane, one being her sister Christine who is in Real Estate. In turn Christine contacted her client base to help. Slowly but surely donations began trickling in from individuals.

Over time local businesses and organisations came on board. Other fundraising efforts were with raffles & 100 Club at the Mirani Hotel & Nanyima, sales of local honey donated by Linda Guttek and donations from individuals.

Finally, her wish came true in April with a substantial donation from the Masonic Lodge Mackay & Brisbane enabling the purchase of the Tovertafel (Magic Table). When the table is up and running we will be having a Grand Morning Tea for all to say Thank You ..... So watch this space.



# from the DTs

*Tanya & Michelle*

Here we go again another month gone, it's May.

- The birth zodiac sign is Taurus or Gemini.
- The birth stone for May is Emerald which is a symbol of rebirth, good fortune and youth.
- The birth flower for May is Lily of the valley and the common Hawthorn.

Our wishing line has been going very well with some more wishes granted, Pam **cooking up her Taco's followed by the taste test**— delicious, the Frasers having their king prawns, Corrado receiving his large bath sheets and Maria receiving a movie and pop corn voucher. The Walkerston Wonder Kids are now coming every fortnight on a Friday with the Marian Kindy Kids. What fun we had, drawing, play dough, puzzles and the kids sang and danced for the residents too.

On Wednesday the 5th of April we held an Easter morning tea, our volunteers cooked delicious cakes and slices for the morning, I told bad dad easter jokes. We **went to MacDonalds for lunch after our bus drive on Wednesday 19th, I've never** seen the residents get off the bus so fast. They were so excited for MacDonalds and really enjoyed their ice cream cones on the bus home.

We had a change of plans this month as Nanyima passed the Accreditation, shopping was cancelled and Nanyima held a BBQ thank you instead. It was a wonderful day for a BBQ. Bien and I cooked on the BBQ, followed by a lovely caramel mud cake from the cheese cake shop. The tables were decorated by Michelle with gum nuts and gums leaves, well done Michelle.

For a few months now we have had our new bingo system up and running, just with a few little hiccups but all sorted now. The system is now managed by a bingo software system, it has:

- 90 number bingo games
- Connects to the projector screen— better visibly
- Auto voice calling with speed control



We would also like to take this opportunity to say a big Thank You to all in our community for the various donations that have been made for our residents and also our fundraising efforts. Your thoughtfulness has been greatly appreciated.





**BINGO**

A good role up for Bingo  
with some family to join in  
and our wonderful volunteers







**EASTER  
MORNING  
TEA**





# Tai Chi exercise



Make  
a  
Wish



Keith & Marjorie  
enjoying their wish  
over easter with  
family. We're all  
envious!!

Corrado's wish was for a Bath Sheet was granted twice! One was here locally & the other with chocolates from Brisbane.



# Celebrating our Accreditation



A special day to celebrate all the hard work in achieving our accreditation. A BBQ lunch was enjoyed by residents, staff, volunteers and members of our management committee with nibbles, mince & steak burgers, chicken kebabs, a delicious caramel mud cake from the Cheesecake shop and drinks. For a bit of fun we had awards for – The chocoholic, the buddy, the mouthpiece, the green thumb, always in a meeting, heartiest laugh, caffeine addict, tidiest AIN.









and the  
**AWARD**  
goes to...



A group of our staff refreshing their CPR & First Aid Skills





PLEASE NOTE :- SOME OUTINGS/ACTIVITIES MAY BE CANCELLED WITH SHORT NOTICE DUE TO COVID.

# May 2023

| Mon                                                                                    | Tue                                                                                                                                                                         | Wed                                                                  | Thu                                                                                                                                                                            | Fri                                                                                                                                                                                        |
|----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>1st</p> <p>Public Holiday</p> <p>No DTs</p>                                         | <p>2nd</p> <p>Beauty Boutique</p> <p>Mobile Beauty SHOP </p>                              | <p>3rd</p> <p>Mystery Bus Drive</p> <p>Ironing &amp; one on one</p>  | <p>4th</p> <p>Church &amp; Bingo </p> <p>Afternoon strolls</p>                              | <p>5th</p> <p>Marian Kindy Kids &amp; Wonderkids</p> <p>Happy Hour SHOP</p>                                                                                                                |
| <p>8th</p> <p>Tai Chi in the lounge and Trivia Morning</p> <p>Quoits in the Lounge</p> | <p>9th</p> <p>Gerry to Entertain</p> <p>Movie and Popcorn in the lounge</p> <p>SHOP </p> | <p>10th</p> <p>Golden Years</p> <p>Ironing &amp; one on one</p>      | <p>11th</p> <p>Church &amp; Bingo </p> <p>Mobile Beauty</p>                               | <p>12th</p> <p>Mothers Day High Tea</p> <p>Happy Hour SHOP </p>                                       |
| <p>15th</p> <p>Exercises in the lounge &amp; Ball Games</p> <p>Mobile Beauty</p>       | <p>16th</p> <p>Country music with Robbie</p> <p>Rolls &amp; BBQ Lunch</p> <p>SHOP </p>   | <p>17th</p> <p>Ten Pin Bowling</p> <p>Ironing &amp; one on one</p>   | <p>18th</p> <p>Church &amp; Bingo </p> <p>Bring your own craft projects to the lounge</p> | <p>19th</p> <p>Marian Kindy Kids &amp; Wonderkids</p> <p>Morning Melodies </p> <p>Happy Hour/shop</p> |
| <p>22nd</p> <p>Yoga in the garden followed by gardening</p> <p>Afternoon strolls</p>   | <p>23th</p> <p>Arts &amp; craft</p> <p>Mobile Beauty SHOP </p>                           | <p>24th</p> <p>Picnic in the sky</p> <p>Ironing &amp; one on one</p> | <p>25th</p> <p>Church &amp; Bingo</p> <p>Crosswords &amp; puzzles in the lounge</p>                                                                                            | <p>26th</p> <p>Game of Finska</p> <p>Happy Hour SHOP </p>                                             |
| <p>29th</p> <p>Around the world</p> <p>New Zealand</p> <p>Afternoon Movies</p>         | <p>30th</p> <p>Arts &amp; craft</p> <p>Games in the lounge</p> <p>SHOP </p>              | <p>31th</p> <p>Shopping</p> <p>Ironing &amp; one on one</p>          |                                                                                           |                                                                                                                                                                                            |





PLAY



GAMES





**A wonderful morning  
with our first visit from  
Wonderkids @ Walkerston.  
Some of our Residents  
had fun joining in the  
activities**





# FROM THE OFFICE

## CHECKING IN TO VISIT RESIDENTS

When checking in to visit residents @ the Kiosk and it won't work, that's probably because the resident has been out and not been checked back in again. If you check the resident back in then restart your check in process again it should work. If not our administration staff can assist you.

Sue, Pauline, Katrina & Nancy



This beautiful Diamond Art picture has been lovingly made & donated by Deidre Taylor (Turner) whose mum is a resident here. We thank you very much Deidre for thinking of us and the many hours of toil that went into it. The photo doesn't do it justice.



Thank you to all who supported our Easter Raffle & a big Thank You to Woolworths Marian for the donation of hamper with Easter goodies & Shirley Peacock for donating her home made Marshmallow Bunnies.

We made \$278.50 and one of our carers Carmen was the lucky winner.



To all who are celebrating their birthday in May have a fantastic day! Check out our Birthday Board to find out whose birthday it is!

## Worship Schedule

| DAY      | DATE      | TYPE                 | TIME   |
|----------|-----------|----------------------|--------|
| THURSDAY | 4/5/2023  | INTER DENOMINATIONAL | 9:00AM |
| THURSDAY | 11/5/2023 | INTER DENOMINATIONAL | 9:00AM |
| THURSDAY | 18/5/2023 | INTER DEMONINATIONAL | 9:00AM |
| THURSDAY | 25/5/2023 | INTER DEMONINATIONAL | 9:00AM |
|          |           |                      |        |





Life is better  
with  
**Tacos**



Pam wished for a Taco  
so we made a morning of it  
and those who participated



And it looks like it  
went down a treat.  
Well done Pam



  
**IF YOU  
DON'T  
LIKE  
TACOS  
I'M NACHO TYPE**



# Mother's Day Word Search

How many words can you find?  
All solutions run forwards in horizontal,  
vertical & diagonal directions.

U N D E R S T A N D I N G S R  
D G I C G B E L O V E D L H E  
T A H D H U W R Y O G A T E S  
Q E Z A E E I V B P I M R L O  
R A N T R V R D I E V A U T U  
E S W D H D O I I K I Z S E R  
S U P O E O W T S N N I T R C  
P P R R N R U O E H G N I I E  
O P E H E D H G R D E G N N F  
N O C O T L E E H K S D G G U  
S R I N S P I R A T I O N A L  
I T O E S R T A F R F N I L L  
B I U S N E T I B U T U G L O  
L V S T M I S S T L L E L H J  
E E T O L E R A N T E R D A F

|           |               |                |               |
|-----------|---------------|----------------|---------------|
| amazing   | hard-working  | resourceful    | thoughtful    |
| beloved   | honest        | responsible    | tolerant      |
| cherished | inspirational | sheltering     | trusting      |
| devoted   | precious      | supportive     | understanding |
| giving    | reliable      | tender-hearted | wonderful     |
| guiding   |               |                |               |

**S T P**

"Mothers are like glue. Even when you can't see them, they're still holding the family together." —Susan Gale