

VALLEY VIEWS

JANUARY 2023



PLATYPUS BEACH

Nanyima Residential Aged Care
Monthly Newsletter



Manager's View



Welcome to New Year 2023! Nanyima Care is wishing you all a Happy and Prosperous New Year as we say goodbye to the year that has been 2022. With A COVID-19 Outbreak and Lockdown announced on Christmas Day 2022, we are still in the middle of managing this situation. Supported by every single concerned stakeholder, we are positive that we will get through this with the best outcome for all.

Last year was extremely packed with the introductions of many initiatives from the Department of Health and Aged Care, and Aged Care Quality Standards Commissioner as they roll out some of their Royal Commission Enquiry Recommendation responses.

Most recently, the Code of Conduct for Aged Care was commenced in December 2022. Nanyima Care ensured that all staff, volunteers, and our governance body – Committee of Management members were all given a copy of the code.

Star Rating published on My Aged Care website commenced in December 2022 as well. Our overall Star Rating is currently not available on My Aged Care website due to a missing component – staffing. Nanyima Aged Care has provided the required reporting for this component but still, the website has not been updated. What you would find on My Aged Care website is that Nanyima Aged Care has 5 stars for Compliance, 4 stars for Residents' Experience, and 3 stars for Quality Measures. We are currently in communication with the department in the aim of having our overall rating available.

AN-ACC Classification with attached care minute requirements commenced in October 2022 and these care minute requirements are to be mandatory requirements for us by October 2023.

Governance Reform for Residential Aged Care Facilities was also commenced last year. Nanyima Care governance body will be attending coaching sessions to have the full refresh on understanding and knowledge for the new expected governance role in the industry. There is a requirement to engage an Advisory Board Committee and Consumer Advisory Committee within the governance and we are hoping to achieve this for Nanyima Care.

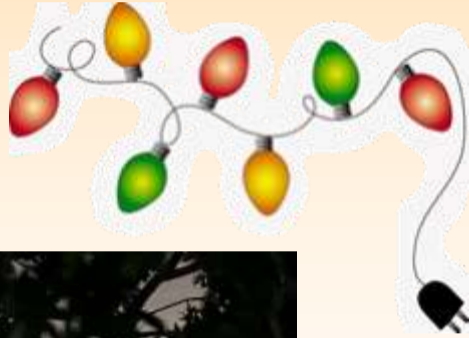
A draft of the new Aged Care Quality Standard was released last year for consultation process, and this is likely to be finalised this year. From eight (8) standards, it was proposed to have seven (7) standards. We will provide you with more details on this as it becomes available.

We are still up for Accreditation and working together in ensuring that we are always here for our residents. Thank you for your ongoing support.

“To improve is to change; to be perfect is to change often.” By Winston Churchill

Bien Stirling

DON – Facility Manager





from the DTs

Michelle and I would like to wish everyone a HAPPY NEW YEAR and hope all your wishes come true.

2nd December the residents went to the MECC to watch and listen to Darren Coggan perform his Home For Christmas collection of songs and stories that embraced the festive spirit of Christmas in Australia.

7th December Golden Years invited the residents to their annual Christmas party and what a wonderful festive morning. Lots of Christmas music, fun entertainment, delicious food and the residents who attended received a gift hamper. Thankyou Golden Years for the wonderful morning.

12th December, started the morning with doing chair exercises in the lounge to get the muscles moving to prepare for the visit from Marian Kindergarten. A BIG THANKYOU to Kylie Goodwin the Marian Kindergarten Teacher who organized the day with the children and their parents. They all came for the morning loaded up with decorations to decorate doors and handed out gifts to all our residents. The smiles of happiness on their faces and the joy that brought to the resident was just priceless.

16th Christmas Morning tea for the Volunteers. Thankyou for all the support and time you all have given us through the year.

20th of December Anthony volunteered his time to drive the bus around Marian and Mirani for the residents to see the Christmas lights. The displays of lights on some of the houses were just beautifully done. We loved Michelle Cook's house in Mirani, but we put it to the vote Marian had the better display of houses than Mirani.

23rd of December was our Christmas Carols Night and what a wonderful night it was, enjoyed by everyone. The cake and craft stalls started the night off, followed by a sausage sizzle and Christmas Carols with entertainment provided by Robbie Rolls, Nancy (one of staff members) and children

For the New Year we are gathering up wishes from residents and hanging them on a wishing line in the lounge. So, when you see them up, pop over & check them out, you never know who's wish you might be able to fulfill and make a difference in a residents life.

Cupcakes for staff kindly donated by Jennifer Dunrobin



PALLIATIVE CARE MUSIC THERAPY



The Reverie Harp is a relatively new type of instrument - co-designed by Australia's only certified Music Thanatologist, Peter Roberts - for use in bedside Music Care in hospital and other health-care settings.

Peter designed an instrument that is lovely to hold, lovely to hear, and can be played by anyone, even those with no musical experience at all.

Because of its appeal in every human dimension, music has tremendous therapeutic capacity, often helping people to open up even if they are no longer able to communicate with words. With this in mind, the Reverie Harp has become a must have tool for music therapists, visitation ministry and chaplains, diversional therapy and nursing home care-givers and volunteers.

This harp is now used around the world in a wide range of care environments, from the Special Care Nursery to Pastoral and Palliative Care, and everything in between.

In December Nanyima welcomed a new volunteer – Rae Lloyd-Jones – who offers her time one afternoon a week to our residents, bringing calming peace and loving care expressed through music played on the Reverie Harp.

We have already seen a few of our Residents being blessed by this music, and look forward to other Residents having the opportunity to enjoy the simple pleasure of a one-on-one musical visit with Rae.




Wonder Kids
Early Learning Centre



**Staff, Residents & Family
enjoying Christmas lunch
together**





Years Golden

Mystery Bus Drive



While out on one of our Bus drives we pulled up and the cattle came over to the fence so we could have a closer look.

Shirley one of our staff bought in some of her new chicks. They were very cute & there was plenty of attention.



Beautiful Nativity Set donated by Cathy Rasmussen



'TIS THE
Season
OF Giving



L
O
T
S

O
F

S
M
I
L
E
S





D
O
O
R

D
E
C
O
R
A
T
I
N
G



Thank you to One of our Marian Kindy mums Julie who made this beautiful Santa Cake for Staff working on Christmas Day. Very Talented.





Merry
CHRISTMAS

FROM THE OFFICE

Sue, Pauline & Nancy



We would like to take this opportunity to say a big thank you to those individuals & organisations who have supported our residents & staff with kindness & the many wonderful gifts over this Christmas Season.

C & K Marian Kindergarten

Badilla Art Gallery – Pinnacle

Lady Gowrie Pioneer Valley Kindergarten - Mirani

St John's Catholic School – Walkerston

Lions Club

Meals on Wheels - Mackay

Mitre 10 — Marian

Wonderkids Early Learning Centre – Walkerton

Woolworths - Marian

Year 1 Students – Walkerston State School

Andrew Hurrell

Cathy Rasmussen

Jennifer Dunrobin

Julie Brennan

Paton family

Thelma Johnston

Winners of our Raffle

1st Prize – Di Pullen

2nd Prize – Carol Downs

3rd Prize – Margaret Stewart

We made \$1508.40 from the Raffle,
Sausage Sizzle, Craft & Cake Stalls



Best Resident Decorated Doors

Banksia Wing – Gladys Jenkins

Casuarina Wing – Maria Vasquez

Dryandra Wing – Sue Flack

Eucalyptus Wing – Clare MacDonald

Fuchsia Wing – Bev Peatey

Grevillea Wing – Thelma Lette

Best Overall - Carol Downs




To all who are celebrating their birthday in January have a fantastic day! Check out our Birthday Board to find out whose birthday it is!

Worship Schedule

DAY	DATE	TYPE	TIME
THURSDAY	5/1/2023	INTER DEMONINATIONAL	9:00AM
THURSDAY	12/1/2023	INTER DEMONINATIONAL	9:00AM
THURSDAY	19/1/2023	INTER DEMONINATIONAL	9:00AM
THURSDAY	26/1/2023	INTER DEMONINATIONAL	9:00AM

PLEASE NOTE :- SOME OUTINGS/ACTIVITIES MAY BE CANCELLED WITH SHORT NOTICE DUE TO COVID.

January 2023

Mon	Tue	Wed	Thu	Fri
<p>2nd New Years Day Public Holiday No DT's</p>	<p>3rd Beauty Boutique  Adult Colouring in the lounge SHOP</p>	<p>4th Mystery Bus Drive  *Ironing Afternoon</p>	<p>5th Church & Bingo   *Afternoon Tea in the courtyard</p>	<p>6th Trivia Morning Happy Hour  SHOP </p>
<p>9th Tai Chi & Hoy in the lounge </p>	<p>10th Gerry McCann to Entertain One on Ones SHOP </p>	<p>11th Around the World Sweden  Ironing Afternoon & Games in the Lounge</p>	<p>12th Church & Bingo  Movie afternoon in the lounge </p>	<p>13th Resident & Family members Meeting, followed by Hi Tea Happy Hour *SHOP </p>
<p>16th Balls Games Afternoon Strolls </p>	<p>17th Arts & Crafts Mobile Beauty SHOP </p>	<p>18th Shopping  Ironing Afternoon </p>	<p>19th Church & Bingo  One on Ones</p>	<p>20th Music with Robbie Rolls  Happy Hour SHOP </p>
<p>23rd Chair Exercise  Bring own projects to lounge</p>	<p>24th Arts & Crafts Movie & Popcorn  SHOP </p>	<p>25th Australia Day Bingo Afternoon Strolls & Ironing </p>	<p>26th Australia Day Public Holiday  Church NO DTs </p>	<p>27th One on Ones Mobile Beauty *Happy Hour  SHOP </p>
<p>30th Morning Strolls  One on Ones</p>	<p>31st Picnic lunch at Eungella  SHOP </p>			

STAFF
CHRISTMAS
LUNCH

food, festivities & fun !

Secret Santa's & a gift from
Nanyima Organization

Thank you





CAROLS BY CANDLELIGHT







New Year's Word Search

J A N U A R Y F R I E N A C E
 F R I E N D S Y A S R I L A H
 N E Y S E R T I E M O W B L C
 B S I L Y F A E N E I Y A E O
 N O C R N V N V E Y D L B N U
 A L D C L O C K L T I E Y D N
 R U V E W M I D N I G H T A T
 V T O A S T W S N O L Y I R D
 G I A N I N G S E V E U A R O
 C O N F E T T I T M I N G S W
 R N O L C E L E B R A T I O N
 A J A N U E L V E I M K E R A
 Y P A R T Y H A A P Y S E V W
 N E W Y E A R C L O K S O R Y
 S H A P P Y E B A L L R E S O

BABY
 BALL
 CALENDAR
 CELEBRATION
 CLOCK
 CONFETTI
 COUNTDOWN
 EVE

FAMILY
 FRIENDS
 HAPPY
 JANUARY
 MIDNIGHT
 NEW YEAR
 NOISEMAKER
 PARTY

RESOLUTION
 TOAST



CRAYONSANDCRAVINGS.COM

New day – new start,
 new you, New Year! Its
 never too late to start
 anew, merely throw out
 the old and bring in the
 new.

“We will open the book.
 Its pages are blank. We are
 going to put words on
 them ourselves. The book
 is called Opportunity
 and its first chapter is
New Year’s Day”

“Celebrate endings –
 For they precede new
Beginnings.”