

VALLEY VIEWS

APRIL 2023



Nanyima Residential Aged Care
Monthly Newsletter

Manager's View



I can't wait to share our latest news, just received yesterday from the Commissioner.

Nanyima Care has been re-accredited for three years, 03 April 2023 to 03 April 2026!

A huge thank you to everyone who is part of our operation and services: the community who supports us, external service providers, our volunteers, contractors, residents relatives and friends, our special Nanyima Care teams of staff, our Committee of Management and most of all, our residents. THANK YOU. Everyone is part of this achievement.

COVID-19 is not going anywhere, however, we have developed a team ready to handle what it presents us. We are keeping informed on the government initiatives available to us.

We are now in the process of Enterprise Bargaining negotiations with our workforce and we aim for the best outcome for them.

Registered Nurses are still waiting to receive the Aged Care Registered Nurses Payment Grant which was submitted in January 2023.

There are mandatory reporting to submit this month which will feed in to our Star Ratings. We'll ensure that you are informed of the outcomes for Nanyima Care.

It was very exciting to have Nanyima Care featured on 7News and ABC radio, as well as on the local Mackay/Whitsunday Life Newspaper. Enormous thanks to them and Scott of Mackay Surf Club with the Lifesavers making the event most memorable to us and our residents in relation to our 'Wishing Line' initiative. There has been a lot of participation from the community expressing their desire to be part of making our residents' wishes granted.

Our Nanyima Care team is getting stronger with your support. Until our next edition.

"Look for the bits of beauty in everyday. That is where the magic happens."
By The Mindful Life.

Bien Stirling (DON – Facility Manager)

LUNCH @ WEST'S LEAGUES CLUB



It was lovely to have some family members meet us there and join in for lunch.



from the DTs

Tanya & Michelle

WOW what a month we have had in March, just not enough days to do everything. We had the Marian Kindy Kids back visiting us again this year, they celebrated Saint Patrick's Day with us by participating in cooking, placing topping of their choice on their own jacket potato. The residents and kindy kids demolished their jacket potatoes and for sweets they all decorated their own biscuits with green icing and sprinkles on top.

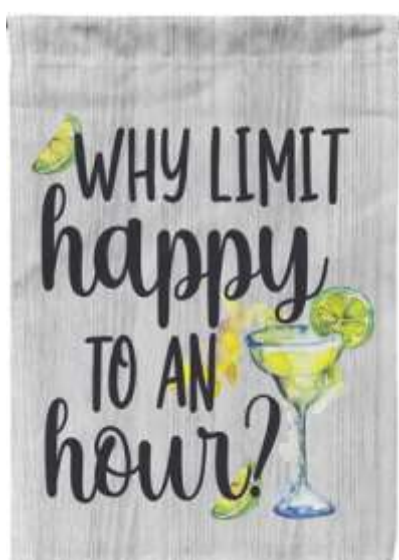
This month we have been busy filling some of our residents wishes, Carol had her pork chops and a flutter on the pokies at Walkerston West Leagues Club and we took other residents to enjoy a delicious lunch as well at Wests, thankyou to the kind people who made Carol's wish come true. On the 27th we had another cooking morning and we made Tacos, which was on Pam's wish list– to eat tacos, and Pam totally enjoyed them too and so did everyone else.

We had a few fun Monday mornings doing exercises with balls for hand and eye coordination and it is amazing what you can do with pool noodles, tissue boxes and a ping pong ball. We played our own Nanyima ping pong championships, well done to all our players you are all champions.

On Wednesday the 29th of March, we went to the Mackay Harbour Beach with the kind generosity of the Mackay Surf Club, Mackay Surf Life Savers. Started with a delicious lunch of fish and chips followed by going down to the beach sitting under the gazebos sipping punch. The life savers took the residents safely down to the beach in the beach wheelchairs and their beach buggy. Colleen, Mary and Katrina got to stand in the water with their pants rolled up and feeling the sand on their feet and the ocean around their legs, it was amazing to see the joy on their faces. As we had a full bus to go for the day, Colleen, Ken, Viola and Mary got to fulfill their wishes of fish and chips at the beach and Colleen wanted to walk in the water as well.



Everyone enjoyed Roy coming to sing & play for us with encores .





Marian
Kindergarten
Visit





DREAM CATCHERS





We had fun with the Kindy Kids from Marian. Nothing like a hot spud with cream, cheese @ chives & of course some decorated sweat treats.





ARTS & CRAFTS



FROM THE OFFICE



We welcome Katrina to our Administration Team. She comes with experience in Emergency Depts, Clinical Records, HR & Assets Management to name a few which will make her a valuable member to our team.

SAFETY ALERT

For the safety of all - especially our residents
PLEASE WAIT 10 – 15 MINUTES FOR YOUR COVID TEST RESULT

Sue, Pauline, Nancy & Katrina

make a wish



Your Wish
Is Granted!



To all who are celebrating their birthday in April have a fantastic day! Check out our Birthday Board to find out whose birthday it is!

Worship Schedule

DAY	DATE	TYPE	TIME
THURSDAY	6/4/2023	INTER DENOMINATIONAL	9:00AM
THURSDAY	13/4/2023	INTER DENOMINATIONAL	9:00AM
THURSDAY	20/4/2023	INTER DENOMINATIONAL	9:00AM
THURSDAY	27/4/2023	INTER DENOMINATIONAL	9:00AM

PLEASE NOTE :- SOME OUTINGS/ACTIVITIES MAY BE CANCELLED WITH SHORT NOTICE DUE TO COVID.

April 2023

Mon	Tue	Wed	Thu	Fri
<p>3rd</p> <p>Tai Chi in the lounge followed by Ten pin bowls Jigsaw puzzles</p>	<p>4th</p> <p>Beauty Boutique Quoits in the lounge & Shop</p>	<p>5th</p> <p>Easter Morning Tea Ironing & one on one</p>	<p>6th</p> <p>Church & Bingo Afternoon Strolls</p> 	<p>7th</p> <p>GOOD FRIDAY NO DTs</p>
<p>10th</p> <p>EASTER MONDAY NO DTs</p>	<p>11th Gerry to Entertain Arts & Craft afternoon Shop</p> 	<p>12th</p> <p>Golden Years Ironing & one on one</p>	<p>13th</p> <p>Church & Bingo Mobile Beauty</p> 	<p>14th</p> <p>Wonderkids Visit Happy Hour SHOP</p> 
<p>17th Exercises in the lounge Followed by Hoy Games in the lounge</p>	<p>18th Country music with Robbie Rolls Mobile Beauty Shop</p> 	<p>19th Bus drive followed by lunch at McDonalds Ironing & one on one</p>	<p>20th</p> <p>Church & Bingo Trivia & Quiz afternoon</p> 	<p>21st</p> <p>Marian Kindy Kids Happy Hour SHOP</p> 
<p>24th</p> <p>ANZAC ceremony- Mirani State School Mobile Beauty</p>	<p>25th</p> <p>ANZAC DAY NO DTs</p>	<p>26th</p> <p>Shopping at Canelands Ironing & one on one</p>	<p>27th</p> <p>Church & Bingo Arts & Craft afternoon</p> 	<p>28th</p> <p>Wonderkids Visit Happy Hour SHOP</p> 
				

EXERCISING in the LOUNGE



PING PONG



Amazing what you can do with tissue boxes & pool noodles !!



What do you call a girl standing in the middle of a table tennis court?

Annette



Let's
do
Lunch





THE  beach
IS  calling
& I MUST 
go 

BEACH
BEACH
BEACH
BEACH
vibes

ANZAC Day

Q O Q A Z M G T C C D I B H N J L N H Q H J Q M
 V X X J Q V E P O J K F F S S O R G F D V A E C
 S C X T W S X O M W R B K P W K P S B L T G H E
 L P T I A O D P M H P A E P V U F R D D Y E B R
 H E X N R L K P E P Y N V P T M Y O W B S C D E
 E M A N O D H Y M E N G V P C I C E Z H X A Q M
 L A G V B I A W O B H F V A V Q G A X X F X X O
 P T A G R E W T R V D C N X N R U E S O C L J N
 F E T R A R V P A R H C O U R A G E P M B Q E Y
 U S B E V S S R T V N D V R A Z Y D I A Z F S L
 L H R S E M W R E A T H T X E H Y H R R X M V C
 Y I K P R I L M Y O S J D Z P K H A I C R I L S
 O P P E Y O G T B B E P G G O Q B R T H J D D Y
 C E Z C U N L D W O X T F S E J O M K D Q F D C
 B F T T F F S C R M Y K T W X D A Y Y S T V S H
 J N N M E M O R I A L Z M X M K U G X Z B G Z W
 F T Y G D P K K A N H O M B L K S I C V M F E B
 N S K S E R V I C E I Z E T C F T N C L G F D W
 Y Q G X V M T P O Q U R D R F W R T W W K W F Q
 R A Y M M R L C O U P P A B L X A D W F O R F Y
 S C I J B N S F H L C O L D B K L V N J Y C B O
 M H A N Y B O L U P P B S C Z Y I U W E O G F B
 X S F J X R E M E M B E R N D X A A R Z E S O P
 O G M D T A Z S B P A R A D E G Z C L F G E R G

helpful

Australia

parade

war

commemorate

bravery

service

spirit

mateship

poppy

courage

army

respect

ceremony

wreath

memorial

march

medals

remember

soldier

We remember and thank all those who made the ultimate sacrifice for our freedom and country on this Anzac Day.



Lest We Forget

WHEN YOU GO HOME
 TELL THEM OF US
 AND SAY
 "FOR YOUR TOMORROW,
 WE GAVE OUR TODAY."