

# VALLEY VIEWS

## SEPTEMBER 2022



**4<sup>TH</sup> SEPTEMBER 2022**

**Nanyima Residential Aged Care  
Monthly Newsletter**



# Manager's View



Start of spring and we are out of lockdown. Thank you for all your support and understanding. Nanyima Care Team was congratulated for wonderful teamwork with infection control management efforts.

The government continues to provide Residential Aged Care Facilities with RAT kits supply at this stage, which is most helpful while we continue with our RAT entry processes here at Nanyima Care.

Nanyima Care has now been scheduled for Consumer Experience Interview. There will be interviewers here onsite to attend to this with about 20% of our residents. We have published communications regarding this, and I hope you know you are most welcome to ask questions you may have regarding this.

Also, this month, we are rekindling the invite for our residents' relatives to join in our Resident Relatives quarterly meeting. There is one scheduled for this month. Please see our calendar for the month.

We are now only one month away from transitioning ACFI to AN-ACC funding model. This new model has a direct care minute requirements which we need to work on meeting. There is a care minute reporting responsibility, and we shall do our part in ensuring we work on meeting the requirements.

Regarding our grant application to support continuation of our plan to build the 20-bed extension, we are still waiting for the decision, so this remains on hold at this stage.

**Planning is underway for our AGM, and we are tentatively plan to hold this on 22nd October 2022. We will provide you with updates and more information closer to that date.**

Our Clinical Coordinator has made a decision to move on from her role with us. She has been with us for about 16 months and has been a member of our wonderful team here at Nanyima Care. We wish her all the best in her next role. She will be missed by many of our residents too.

Michelle and Tanya of our Diversional Therapy team are working harmoniously with each other, with our volunteers and the rest of the team bringing fresh ideas in involving our residents to many new activities and events. We very much appreciate the support you provide them every time.

*“When opportunity presents itself, don't be afraid to go get it.” By Eddie Kennison, Entrepreneur*

Bien Stirling DON – Facility Manager

 Aged Care  
Employee Day





## from the DTs

Well I must say it was a bit of a slow start for the month but once the facility went out of lockdown due to Covid-19 we were back into full swing.

Beginning of the month started with Commonwealth Games in Birmingham, with of course “GO AUSSIERS” Australia winning the overall medal tally of 178 medals, 67 Gold, 57 Silver, 54 Bronze.

We have an excellent turn up each month for Sharon's chair exercises, seated Tai Chi and seated Yoga in the garden.

Finally allowed out of the building, Michelle and Anthony loaded the bus for a bus drive to Slade Point and the Mackay Harbour to see the whales, but unfortunately the whales didn't want to come out and play that day. It still was a lovely day for a bus drive and see the beautiful ocean views around Mackay.

Our green thumbs residents have been doing more gardening in the courtyard planting petunias and gerberas in the raised garden beds in which now makes a lovely sitting area or for having a beer or wine at Happy Hour every Friday afternoon.

The 16th we all celebrated International Aged Care Employee Day, started the day listening to music by our talented volunteer singer Gerry McCann, followed by a delicious BBQ lunch in the courtyard, speeches from our lovely resident Pam Scott, our manager Bien and Sue Green.

Headed to Kinchant Dam on the 19th for morning tea, just a lovely morning and the views of the dam were just beautiful.

This month for Arts and Crafts we tried something different– Button Art. Residents did lovely pictures, done with buttons and also made button flowers in vases.

Wednesday 24th – What a wonderful day for a picnic and walks through the Mackay Botanic Gardens, with a big thankyou to all our volunteers for helping us to make this day possible and so enjoyable.

Friday 26th International Dog Day. Big Thank you to Delia and Sue for bring their beloved dogs Millie and Maggi for the morning. not sure who enjoyed it more the residents or Millie and Maggi, there were lots of cuddles and licked faces but the smiles were priceless.

Our Annual cent sale is on Friday 23rd, of September the prizes have been rolling in, so A Big Thank You to everyone for the donations. Michelle have organized a Cent sale raffle a lovely Teddy bear and scratchies– tickets available at

Michelle and I would like to wish all the Fathers, Dads, Stepdads, Grandads, Great Grandads, Pas and Pops a very very BIG HAPPY FATHERS DAY.

### IMPORANT DATES FOR SEPTEMBER

1st -Wattle Day– is a day of celebration in Australia as it the official start of Australian spring. Golden Wattle is the symbol of unity and displays the national colours green and gold.

2nd Nanyima's Fathers Day BBQ– held in the courtyard.

4th Fathers Day– first Sunday in September, recognition for the role fathers play in the family unit.

7th Resident and Families Meeting– followed by morning tea.

11th Patriot Day– held in honour and remembrance of those who died in the September 11 attacks 2001.

15th and 16th Nanyima's Flower Carnival– Pioneer Orchid Society are coming to display their beautiful collection of orchids.

23rd Cent Sale

29th Police Remembrance Day– a day to remember police officers who have been killed in their course of duty.

## BINGO



## Button Art



# BUTTON ART



# Kinchant Dam



# International Dog Day





**DONATIONS**  
**-ACCEPTED-**



## We are looking for donations for a Tovertafel Table

Tovertafel is a games console designed for use in healthcare settings that was launched in 2015 by the Dutch medical technologies company Active Cues. The console contains a high-quality projector, infrared sensors, a loudspeaker and a processor with which interactive games are projected onto a table. The console has been developed for people with cognitive challenges including people with dementia.



### THE BENEFITS

- ◆ Tovertafel provides appropriate, safe & engaging fun for residents, staff & cross-generational family members.
- ◆ Activities can change from a 1:1 staff requirement to many with 8 or more people interactively looking on! (Currently there is a need to observe social distancing so residents can be seated appropriately separated depending on table size)
- ◆ Does not need internet to operate and is not cloud-based - the connection is only required to download updates or new games.
- ◆ Many residents who have previously shown no interest in getting involved have been observed to remain at the table for lengthy periods and be activated in ways not anticipated.



Every donation makes a difference so if you wish to send your monetary donation, you can contact our Administration Office or alternatively it can be transferred directly to:

Nanyima Aged Care

BSB 124001

Acct No: 20759394 (Please specify Tovertafel Table in the reference/message section and your name if you wish.)





# FROM THE OFFICE



THANK YOU!

Our wonderful volunteers took an idea our Occupational Therapist gave them and ran with it. We now have some pretty draw string bags for our palliative care box.

The concept came from some of our training with shared ideas of having designated bags in which family could put the initial items that they might want to take home from their relative after passing eg: rings, glasses, special items etc.

Often family want to take some things with them initially but it often goes into a woolies shopping bag or something and we liked the idea of having a bag that had been homemade with a bit of love. Thank you so much for being so keen!!



Nancy to the office to do our staff rostering.

Nancy has been working here since 2013 as an Assistant in Nursing so already has a wealth of knowledge about Nanyima. She is a great addition to our office with her friendliness, professionalism & willingness to help.



## CENT SALE

Friday 23<sup>rd</sup> September 9:30 am

There are still tickets for sale at the front office for the Raffle.

Our Fathers Day Raffle will be drawn this Friday at the Fathers Day BBQ.

Our **AGM** is pencilled in for Saturday 22<sup>nd</sup> October.

This will be confirmed closer to the date. So, come along & join us we'd love to see you.

We always welcome anyone wanting to join our committee.

SAVE THE DATE



*Sue, Pauline & Nancy*



To all who are celebrating their birthday in September have a fantastic day! Check out our Birthday Board to find out whose birthday it is!



**HAPPY HOUR**






















**Worship Schedule**

DAY	DATE	TYPE	TIME
THURSDAY	1/9/2022	INTER DEMONINATIONAL	9:00AM
THURSDAY	8/9/2022	INTER DEMONINATIONAL	9:00AM
THURSDAY	15/9/2022	INTER DEMONINATIONAL	9:00AM
THURSDAY	22/9/2022	INTER DEMONINATIONAL	9:00AM
THURSDAY	29/9/2022	INTER DEMONINATIONAL	9:00AM

PLEASE NOTE :- SOME OUTINGS/ACTIVITIES MAY BE CANCELLED WITH SHORT NOTICE DUE TO COVID.

# September 2022

Mon	Tue	Wed	Thu	Fri
			<b>1st</b> Church & Bingo * Lounge  Bring along  craft projects	<b>2nd</b> *Fathers Day BBQ *Robbie Roles *Happy Hour *SHOP
<b>5th</b> *Tai Chi in the Lounge *Quizzes  *Movie	<b>6th</b>  *Beauty Boutique *SHOP 	<b>7th</b>  *Resident and Families Meeting and Morning Tea * Mobile Beauty	<b>8th</b> *Church & Bingo  *One on One	<b>9th</b>  *Darts *Happy Hour *SHOP 
<b>12th</b> *Yoga in the Garden *Gardening *Mobile Beauty 	<b>13th</b> *Gerry McCann to entertain and BBQ Lunch *SHOP 	<b>14th</b> *Golden Years *One on one	<b>15th</b> *Church & Flower Show  * Board Games	<b>16th</b> *Flower Show *SHOP  *Happy Hour -
<b>19th</b>  *Chair exercises In the Lounge *Afternoon tea in the Garden	<b>20th</b> *Arts and Crafts Morning *SHOP 	<b>21st</b> *Seaforth Beach Picnic Lunch  * Afternoon Movies	<b>22nd</b> *Church & Bingo  *One on Ones	<b>23rd</b> *Cent Sale *Happy Hour - *SHOP 
<b>26th</b>  *Craft or Wheelchair walks * One on One Walks	<b>27th</b> *Paint and Sip *SHOP 	<b>28th</b> *Shopping  *One on ones	<b>29th</b>  *Church & Bingo * Movies 	<b>30th</b> Mystery Drive Or Hoy  *Happy hour *SHOP

# commonwealth games

O H S M M C G K E I C G Q W N C T L P I F O T C  
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M P U L S Y S F P Y L A V R O J M L C A J K M F  
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S I G N R G V Q O L X J H N L R D Q C F P F O X  
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A S S K O C V X T Q F E Y E Q E T U G Q N N Y L  
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win

boxing

realy

shot putt

scotland

discus

hockey

soccer

long jump

games

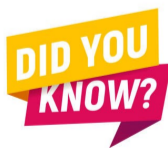
sport

swimming

high jump

running

commonwealth



- The first games were held in Canada in 1930!
- They were first known as the Empire Games
- The Commonwealth is a group of countries that used to be part of the British Empire
- All people taking part have to be amateurs

- The games are held every 4 years
- During World War II the games were cancelled
- 72 countries & territories are expected to compete in 2022 games
- There is going to be over 6,000 athletes competing