

VALLEY VIEWS

NOVEMBER 2022

MELBOURNE CUP



**Nanyima Residential Aged
Care Monthly Newsletter**

THE RACE THAT
STOPS A NATION

Manager's View



Now that we've entered the new government funding system for Residential Aged Care with the commencement of AN-ACC, the aged care industry is on the roll for implementing other items in the roadmap.

It has been a busy week in Canberra, with the release of the Albanese Government's first Budget. Overall, the Budget allocated \$2.5 billion for the ALP's election commitments to increase minutes of care to 215 in 2024 and to provide 24/7 nursing coverage. It also included \$1.4 billion of funding for other measures such as the \$845 million in funding previously announced to continue sector support against COVID-19 outbreaks and establishment of an Aged Care Complaints Commissioner and an Inspector General, both recommendations of the Royal Commission.

Crucially, the budget recommitted the Government to funding the outcome of the work value case currently before the Fair Work Commission. All eyes will be on the May 2023 budget which will be critical for Aged Care.

The Australian Government has released six (6) new quality indicators for Residential Aged Care to be included in the National Aged Care Mandatory Quality Indicator Program with collection to commence from 1 April 2023 and reporting by 21 July 2023. Consultation on the revised Aged Care Quality Standards has also been commenced in October 2022.

The aged care reform legislation, which formally introduces the requirement for increased minutes of care and 24/7 RNs in aged care homes, has passed the Senate and will become law.

And for all things Nanyima Care:

AGM last month featured the attendance of a few of our residents and relatives which is refreshing since COVID-19 pandemic. We had a really healthy engagement of attendees. Nanyima Care Financial Report for year 2021-2022 reported \$475,682 Surplus (before income tax). Thank you.

One of the wings, Dryandra has had some works done – lounge/dining floor replaced with new vinyl and the partition was removed.

We have now included a couple of Agency RNs on our workforce using AHP as the provider.

The 3-bedroom house has been re-floored and prepared for Agency RN/EN to utilize whenever needed

We are working on our budget planning for next year, forward planning on the infrastructure items that we need to work on.

Paynters is still engaged with us in working on our Fire Compliance – smoke wall work still in progress.

For our 20-bed extension plans, the government has cancelled all applications for BBRF Grant which we applied for to fund this project. There is information that they will open another grant in the future. We are currently unable to progress with this.

COVID-19 related restrictions have considerably relaxed in the community. Residential Aged Care Facilities are now responsible in outlining relevant requirements for the safety of residents and staff in the premises. Your support and understanding has always been wonderful in this area. Thank you.

“There is nothing impossible to them who will try.” By Alexander The Great

Bien Stirling DON – Facility Manager





from the DTs

Hello again! I feel like time flies when you're having fun and that's just what we've been doing here at Nanyima. Well I must say it has been another busy month full of adventures and activities. Firstly, in the beginning of October we started off with a visit to the Jarravale Alpaca Mini Animal Farm at Marian, followed by a picnic lunch. Thank you to Josie the owner who took the residents for a tour around the farm and to feed the pigs, emus, miniature horses, goats, alpacas, Macaws and the guinea pigs. Some of the residents bottle fed the baby goats, with plenty of photos taken.

We've been having visits each fortnight on a Friday from the C&K Marian Community Kindergarten. Residents are having lots of fun and interaction with the kindy kids, participating in art activities, reading stories, dress up and singing and dancing. Unfortunately December Christmas school holidays are coming and the kindy kids will be taking a break, be back in the new year.

During the month residents participated in the regular monthly activities, beauty boutique, bingo, happy hour, afternoon tea in the garden, golden years, lawn bowls, movies and pop corn, music with Gerry and many more.

On Monday the 10th we had a special guest and high tea. The special guest was just the cutest little baby boy, Mason. Sarah our former DT brought Mason in to meet and greet, residents and staff.

We started two theme days, one is "around the world", and the second "Music from the decades". For around the world, a resident pulls out of the hat a country name, which for October was Germany. So it was an opportunity to celebrate Oktoberfest. Amalie is one of our residents born in Germany and wore one of her beautiful traditional dresses, and her daughter Linda brought in some of Amalie's memorabilia, played some of her favorite music and Linda talked about Germany. Thankyou Amalie and Linda.

Music from the decades, the roaring Twenties, full of glitz and glam, some residents made their feather headbands, wore beaded necklaces while reminiscing and talking about the 1920's then followed by the movie the Great Gatsby.

Last day for the month we celebrated Halloween. **BOO!!** Hope I didn't scare you. There were lots of Tricks and Treats, more so treats.

We are getting organized for Melbourne Cup Day with Fashions, Food, Drinks and Sweeps. A full day, with Melbourne Cup activities. Morning Tea, eating nibbles and having refreshments in the afternoon while watching the race on the big screen TV in the lounge. Residents have been very busy creating their own fascinators and hats for the cup and deciding what to wear.

Month of November

- **November** – month long celebration of the moustache, highlighting men's health issues, specifically prostate cancer and depression in men.

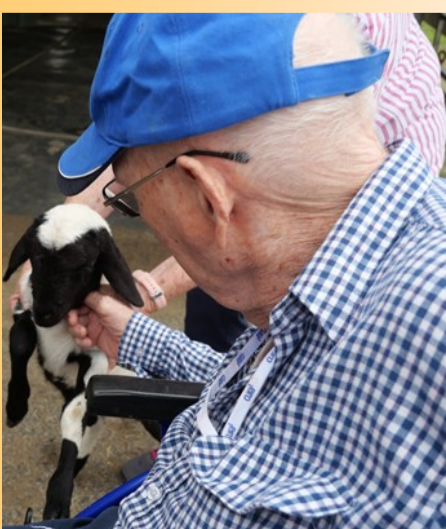
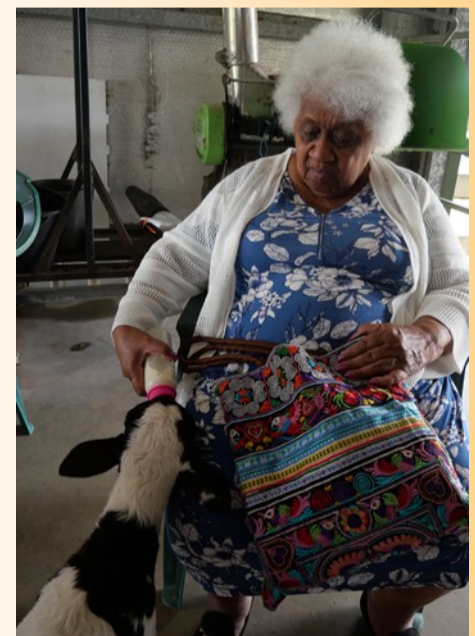
Important days in November

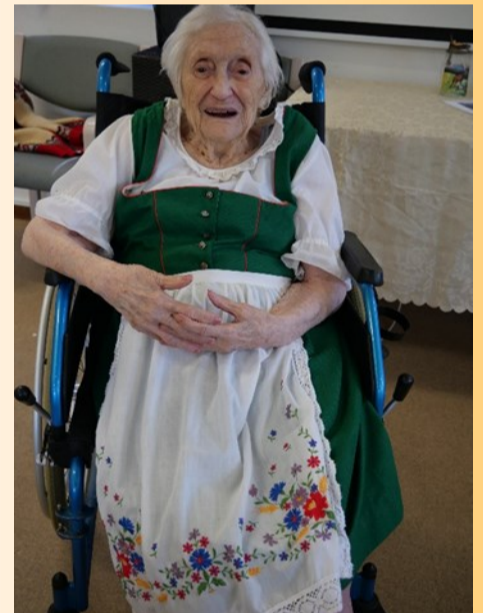
- **1st Melbourne cup**
- **7th World cancer Awareness day**-raising awareness of cancer among people and familiarising them with ways of prevention, detection and treatment.
- **10th Transport Day**
- **11th Remembrance Day**– dedicated to Australian & NZ soldiers who lost their lives in World War 1 and onwards.
- **13th World kindness Day**– to honor those who perform good deeds for making the society a better place.
- **21st World Television Day** - the role it plays in media and communication.
- **25th White Ribbon Day** – campaign aims to raise awareness among Australia men and boys about the roles they can play to prevent violence against women.



To all who are celebrating their birthday in November have a fantastic day! Check out our Birthday Board to find out whose birthday it is!

Jarravale Alpaca Mini





BABY
BOY

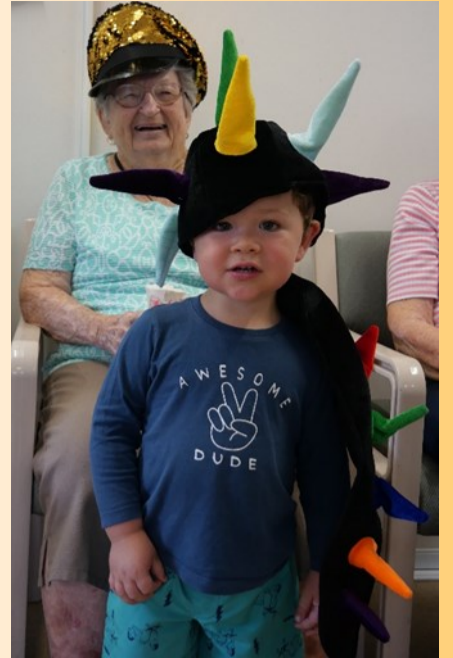
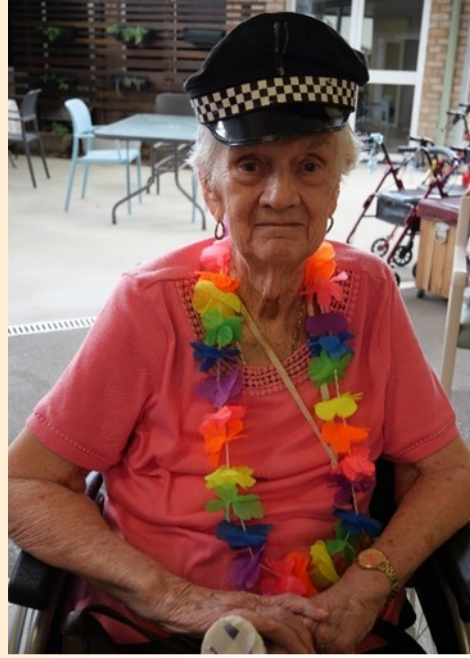


**A VISIT FROM SARAH &
HER NEW LITTLE BOY
MASON**



VISIT FROM MARIAN KINDERGARTEN





FROM THE OFFICE



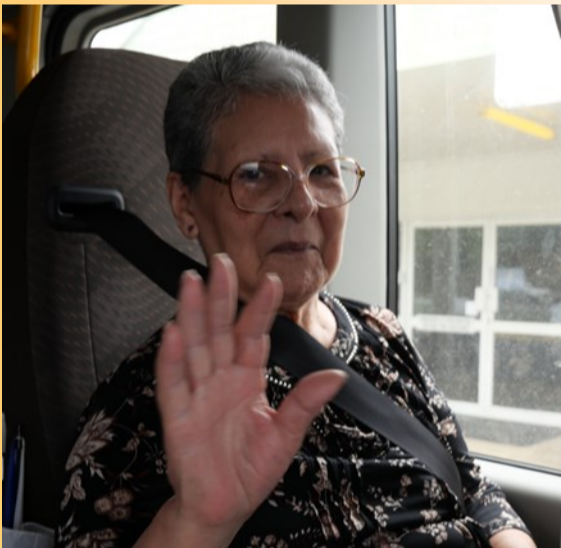
IMPORTANT REMINDER

A friendly reminder to families.
 If you are taking your family member out for an appointment or outing please remember to sign them out then back in again.
 This is most important for our Fire Management Procedures as well as the kitchen.
 Thank you for understanding.



Sue, Pauline & Nancy

On The ROAD AGAIN



WE'VE HAD BUS DRIVES TO SARINA, SARINA BEACH, SEAFORTH BEACH AND ALSO POPPED INTO MACCAs FOR A SOFT SERVE ICE CREAM.



Worship Schedule

DAY	DATE	TYPE	TIME
THURSDAY	3/11/2022	INTER DEMONINATIONAL	9:00AM
THURSDAY	10/11/2022	INTER DEMONINATIONAL	9:00AM
THURSDAY	17/11/2022	INTER DEMONINATIONAL	9:00AM
THURSDAY	24/11/2022	INTER DEMONINATIONAL	9:00AM

PLEASE NOTE :- SOME OUTINGS/ACTIVITIES MAY BE CANCELLED WITH SHORT NOTICE DUE TO COVID.

November 2022

Mon	Tue	Wed	Thu	Fri
	1st Melbourne Cup  SHOP 	2nd Lawn Bowls  Ironing Afternoon	3rd Church & Bingo  Mobile Beauty	4th CWL Mini Cent or Kindy Kids visit Happy Hour SHOP 
7th Tai Chi Followed by HOY in the lounge  Mobile Beauty	8th Gerry McCann to entertain Mobile Beauty Shop 	9th Golden Years Ironing Afternoon	10th Church & Bingo  One on One	11th Remembrance Day *Happy Hour *SHOP 
14th  Bail out the Bees project Afternoon Games in the lounge	15th  Beauty Boutique Mobile Beauty Shop 	16th  Around the world- China Ironing Afternoon	17th  Church & Bingo Afternoon Tea in the garden	18th  Robbie Rouis Kindy Kids Visit Happy Hour SHOP 
21st Bus trip to Marian Kindy Afternoon Strolls 	22nd Christmas Arts and Crafts  Movie and Pop corn & Shop 	23rd  Out for lunch Surf Club Ironing Afternoon	24th Church & Bingo  One on One	25th Battle Blocks  Happy Hour - SHOP 
28th Mystery Bus Drive  Mobile Beauty	29th Christmas Arts & Crafts  Shop 	30th  Shopping  Christmas decorating Time	 We're Searching for Volunteers	

MELBOURNE CUP WORD SEARCH

Find all the listed words in this grid - they can run in any direction, and always in a straight line.
The leftover letters spell out a popular activity on the first Tuesday in November.

V I E W E D P O F M F S L I A R
E R A M R O F E T A C I D N Y S
I S I M P O R T S K R E H C R A
Y G O O J O C K E Y R A C E C D
D E C R O G I V S B Y R D R E C
R L N C W T E T A E S W O R H R
A D E O L O R L B D H P B E E T
W I E O M A L T A I O Y C U A N
E N C O P E S L T V R P A G D E
T G D P N A Z S E A S B R A P I
S D E I L S T I Y E P B L A C
S R U L S N I E R C S U I T L I
A Q A G A L L O P H C N S R F
K B G N I L R A E Y O A E A F
K C A R T E B T S E B T C H E
Y L L I E R O R E T S A M S P E

ALCOPOP
ARCHER
BALLAST
BAUER
BEST BET
CARBINE
C'EST LA GUERRE
CLASSIC HATS
COLT
CROP
CUP
DERBY
DRY
EFFICIENT
FORM
GALLOP
GELDING
HEAD
HORSESHOES
IMPORTS

JOCKEY
MAKYBE DIVA
MARE
MASTER O'REILLY
ODDS
PHAR LAP
PRIZE MONEY
QUINELLA
RACE
RAILS
REINS
STEWARD
STRAPPER
SYNDICATE
TAB
TRACK
VIEWED
VIGOR
YEARLING
YELLOW ROSE