# VALLEY VIEWS JUNE 2022





# Nanyima Residential Aged Care Monthly Newsletter





This month, we have scheduled an external Compliance Auditor to spend a week with us and review how we are currently doing with ensuring we are meeting the Aged care Quality Standards requirements.

Winter could not start without seeing us experience a second COVID-19 outbreak. I hope the relatives of our residents here at Nanyima Care feel confident that they can give us a call anytime for any enquiries they may have. Public Health Unit advised that lockdown period has been shortened compared to how it was when the pandemic was quite new. Now that majority of the people in the community have been vaccinated, restrictions are changing quite a lot.

We have organized for the residents 2022 Flu Vaccination and COVID-19 Winter Dose vaccination to be administered by end of May 2022; however, this current outbreak affected this schedule. Once our lockdown status is lifted, we will advise our attending GP to go ahead in rescheduling this with us.

Our workers attended the onsite clinic for 2022 Flu Vaccinations. None of the 2022 Flu and COVID-19 Winter Dose vaccinations were made mandatory for us just yet, however, our health advisers strongly encourage everyone to vaccinate as soon as they become eligible for any government recommended vaccinations.

We are still on track with supporting the traineeship for Certificate III in Individual Support (Aged Care) here at Nanyima. One trainee commenced last month, and we have five (5) more applicants we scheduled for registration early this month. Thank you for spreading the work in the community, our notification was heard and responded to very well.

We are waiting to receive the staff retention grants. Our Administration Coordinator is making sure that she is following up on these to ensure that our staff get their correct entitlements.

Nanyima Care is also a recipient of another grant – Business Improvement Fund Round 2 Grant. We are utilizing this grant in supplementing our expenses for resolving our smoke wall outstanding works, as well as in progressing with our IT roadmap plan. With our IT roadmap, our website is one of the projects we are working on. We ask for your patience as we attend to this website reconstruction. Please feel free in providing us with your feedback on this once completed, which would give me the opportunity to respond to directly.

"You may not be able to control every situation and its outcome, but you can control your attitude and how you deal with is." allcupation.com.

Bien Stirling DON – Facility Manager

It's great to reminisce about

I love those random memories that make me smile no matter what is going on in my life right now. good memories of my past. It was enjoyable when it was today. So learning to enjoy today has two benefits: it gives me happiness right now, and it becomes a good memory later.

George Foreman

PICTURE QUOTES . com

## FROM THE OFFICE





A friendly reminder to all. Please remember to check in and out. This includes Residents being taken out for appointments and family outings.

This is most important for our Fire Management Procedures. QLD Check in App must also be attended to. Thank you for understanding.



### **AFTER HOURS EXIT**

#### **TO OPEN**

Top White Button – to let visitor/s out

- Press & hold until visitor/s are out & it will self lock.

- do not press the red emergency button

### Sue, Marnie & Pauline





June is the sixth month of the year in the Julian and Gregorian Calendars. June marks the beginning of winter in the Southern Hemisphere. June has two birth flowers; the rose and the honeysuckle. The honeysuckle represents the everlasting bonds of love and the rose has many different meanings depending on the colour of the rose. Red signifies love, Yellow refers to jealousy and white conveys innocence, purity and new beginnings. At the start of June, the sun rises in the constellation of Taurus. At the end of June, the sun rises in the constellation of Gemini. However, due to the precession of the equinoxes, June begins with the sun in the astrological sign of Gemini and ends with the sun in the astrological sign of Cancer. June's birthstones are; the pearl, which has been long associated with purity, humility and innocence much like the white rose. Alexandrite; which is the gemstone of luck, prosperity and intellect; and the last birthstone being the moonstone which symbolizes love, passion and fertility.

Some important dates that will be visiting us this June:

Sunday 12th June: The annual Pioneer Valley Show Day - An iconic event in the Pioneer Valley community, widely regarded by fellow agricultural shows, patrons, exhibitors and entertainers. A country orientated family day that attracts crowds of over 13 000 people each year.

Tuesday 14<sup>th</sup> - Thursday 16<sup>th</sup> June: Mackay show - 3 days of nonstop entertainment, art on show, agriculture, food and leisure activities for the whole family to enjoy. Thursday 16<sup>th</sup> is the official Show Day Holiday.

Hello everyone, what a lovely month we have just had! The month of May brought us many great memories as we celebrated Mother's Day, International Nurses Day, National Volunteers week, funky dress day and lots of other exciting events.

We celebrated Mother's Day on Friday the 6<sup>th</sup> of May by bringing out the fine China and enjoying a lovely morning tea with all of our fellow mums. It was great going around the room and listening to some wonderful stories about motherhood and the joys and woes that come along with raising children.

On Thursday the 12th of May we honored International Nurses Day by getting together and writing some messages expressing the gratitude we have for our nursing staff. With the circumstances of Covid-19 and the shortage of staff that we have experienced, we are very grateful to have such a wonderful team of nurses who are dedicated and ensure we are always looked after. Your work and devotion does not go unnoticed and we appreciated you all.

Towards the middle of the month, we commemorated National Volunteers' Week. Volunteering is widespread and diverse with millions of people volunteering each year to support communities all across the country. We are so grateful to have such a willing and dedicated team of volunteers and entertainers who are eager to help out in any way they can. We always enjoy your company and look forward to your visits, even through difficult times such as the Covid-19 crisis, you have all done a remarkable job and we would just like to thank you for sticking with us here at Nanyima. The atmosphere wouldn't be the same without you all!

The following week we had a funky dress day! We had Skippy the kangaroo and Helen the hippie roaming around the facility on Tuesday the 24<sup>th</sup> of May. Residents were invited down to choose their own funky hats and enjoy a morning of laughs and reminiscing about our days of dancing and dress up.

What an exciting time! This month we begin a new journey as we say goodbye to our former DT Sarah and say hello to our new DT Sue!

I would like to thank each and every one of you for making me feel so included and welcome when I first began my journey as one of Nanyima's VIP DT's. As most of you know already, the month of May will be my last working month before leaving to have my first child. I am so excited for this new chapter and can't wait to share my adventures with you all. I appreciate all the advice and support that has been given to me from both the residents and staff. And most importantly; I will miss you all dearly! But don't worry! you will be in good hands. One of our enrolled nurses Sue Scott, will be shifting over from her previous position to fulfill the role as your new DT. So, in saying that, Welcome Sue! I have no doubt that you will fit right in and do a fantastic job in this exciting position. I wish everyone all the best and I look forward to coming back to visit with a new addition real soon. Sarah xox

Until next month, Take care, Jenni and Sue!

# **Volunteers Morning Tea**











Morning Tea was a hit with special guests



Staff got into the groove as well – go Michelle!!



#### Freda & Benny from ABBA to entertain.





There is nothing in the world so irresistibly contagious as laughter and good humor.

~ Charles Dickens





















#### The Bossiest Nurse











MR SWARVE - Oh no it's the silliest nurse

NOT SO GRUMPY NOW JO!



WE HAVE OUR TRAINING UP TO DATE



**I DO THE EXTRA NIGHT SHIFTS** 

International Nurses Day was enjoyed by all staff sharing in the festivities of awards and the delicious food prepared for them. Bien did a great job of doing the platters unfortunately there isn't photos of the yummy cheesecakes, cakes & hot food.

Staff and residents alike enjoyed the presentation of awards to some of the nursing staff and opening of their gifts. Unfortunately, not all staff were there at the time but we still managed to get a photo of them so you know who, Grumpy, Loud & Silly are!!!!!!!



**Now I understand** 

As a nurse, we have the opportunity to heal the heart, mind, soul and body of our patients, their families and ourselves. They may not remember your name but they will never forget the way you made them feel.

Maya Angelou –

AZQUOTES

NURSE, you know that every day you will TOUCH A LIFE OR A LIFE WILL TOUCH YOURS.

# why it's called ICU



# MOTHER'S DAY HIGH TEA



































Thank you to all who Purchased tickets in Our mothers raffle. We Made \$438.00 Thank you Mandy for Donating the prizes.

# AND THE WINNER IS !! OLIVE PROUT





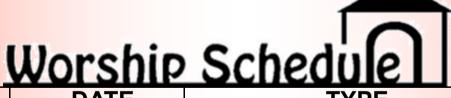


#### THE END PRODUCT

#### They tasted great too!



Happy Birthday To Everyne Born in June! Have a fantastic day! Check out our Birthday Board to find out whose birthday it is!



TINAL

DAY	DATE	ТҮРЕ	TIME
THURSDAY	2/6/2022	INTERDENOMINATIONAL	9:00AM
THURSDAY	9/6/2022	INTERDENOMINATIONAL	9:00AM
THURSDAY	16/6//2022	SHOW HOLIDAY	
THURSDAY	23/6/2022	INTERDENOMINATIONAL	9:00AM
THURSDAY	31/6/2022	INTERDENOMINATIONAL	9:00AM

# *June* 2022

Mon	Tue	Wed	Thu	Fri
		1st Resident Meeting pm Singalong	2nd Bingo	3rd Movie Morning pm pm one to one
6th Adult Art Acceleration pm Cards	7th Beauty Boutique	8th Golden Years	9th Church & Bingo Shop Open	10th Kinchant Dam pm Happy Hour
13th IOY Activities in Dryandra	14th Gerry	15th SHOW DAY Theme Day	16th Mackay Show Holiday	17th Fitness Friday one to one
20st Indoor Lawn Bowls View Constant Co	21st Cooking Day Shop Open	22nd Heavenly homemade crafts pm Reminiscing	23rd Church & Bingo Shop Open	24th Bus Trip Morning Melodies
27th Daphne ? If the second se	28th Beauty Trolley Shop Open	29th Canelands Shopping	30th Church & Bingo Shop Open	

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